We will not leave you alone in the Corona Crisis!

Especially in these difficult, unsettling times we are there for you with **psychosocial help**. We have set up additional **free video counseling hours at** <u>www.ipso-care.com/english</u> to be able to advise you quickly when you are in mental distress.

Contact us for a trustful conversation





PSYCHOSOCIAL HELP IN THE CORONA CRISIS

Online Counseling for free <u>www.ipso-care.com</u>

- Strictly confidential
- In your native language
- Quickly effective
- On eye level
- Culturally sensitive
- Value based

Contact +49-(0)1578 5508152





ONLINE COUNSELING STEP BY STEP

1. Register

- 2. Book an appointment
- 3. Self-evaluation (optional)
- 4. One-on-one Counseling (video chat)

For PC, Smartphone, Tablet <u>www.ipso-care.com</u>

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